



Human Practice Foundation

School Feeding Programme - Kenya

2022

Human Practice Foundation in Kenya

At Human Practice Foundation we want to empower children through education. We focus on lifting up entire communities to ensure a **sustainable impact** on children's lives, using the schools as the platform for change. In this presentation, we explain how we want to curb the devastating effects of the **current food and water crisis in Kenya** by ensuring that children stay in school and at the same time get the proper nutrition to be able to thrive and learn academically and socially.

The challenge in Kenya

Kenya is known as one of the more developed Sub-Saharan African countries. However, there are two sides to that tale, as **inequality** in Kenya has reached extreme levels, especially when comparing the urban and rural areas. In the rural areas of Kenya, almost 40% of the population live in poverty. This has a huge negative impact on the educational sector in these areas. Only around 50% of the students make it to grade 4, achieving a minimum level of learning. In the poorest regions of Kenya, only 28% of the youngest students obtain the expected numeracy and literacy skills of their age group. Furthermore, the lack of job opportunities in rural areas can often make education seem pointless. There is extreme youth unemployment, and many people are struggling to make ends meet and provide for their families. This is why poor families often keep their children at home so they can work and do household chores instead of going to school.

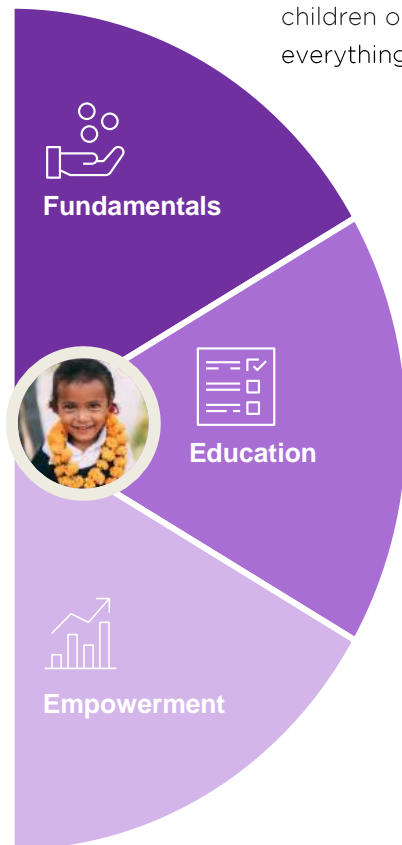
This vicious cycle is currently exacerbated by the **devastating food and water crisis in Kenya** and the rest of the East African region. Recently, the Kenya Food Security Steering Group reported that there are around **3.1 million food-insecure people** in pastoral and marginal agricultural areas. A 48% increase since August 2021. The current effects of a third, consecutive below-average rainy season are resulting in deteriorating food security driven by the impact of poor crop and livestock production, resource-based conflicts, livestock disease, and an increasing mortality rate. The current drought is devastating, as most marginalized families have little to no food storage. This also has a detrimental effect at the schools, as most children do not attend and are struggling with learning due to hunger.

Human Practice Foundation has already improved the physical structures and educational facilities at 14 schools in the Mount Kenya and Maasai Mara regions in Kenya and is currently working on 8 more. Due to the current food and water crisis in East Africa, we now want to implement a new **school feeding programme** at our schools that can help ensure an **impactful education** for the students. We have already successfully implemented a lunch program at Shambani Primary School, which has greatly helped overcome the challenge of student absence and dropout due to hunger.



The solution: Our Child Empowerment Model

In Human Practice Foundation we have a very comprehensive approach to solving the challenges Kenya is facing and create sustainable development. We call it the **Child Empowerment Model**. The Child Empowerment Model is focused on giving the children opportunities to create a better future for themselves through a holistic intervention with **the child in the centre** of everything we do. It has three main components:



Fundamentals - This component focus on ensuring the students have stability and the fundamentals are in place. We create proper educational infrastructure at the schools. This is the essential component for creating quality education. We either construct new classrooms or refurbish already existing ones. We also install sanitary facilities for the students and educational facilities such as libraries, IT rooms, gardens and playgrounds. We also implement programs to enable parent income-generation so they have the financial stability to send their children to school. The **School Feeding Programme** is part of this component.

Academics - This component is focused on ensuring the basic educational and social skills of the child. We want to ensure that all student can read, write and do math. We enhance all the aspects needed for the students' quality education by training the teachers and school management. Our educational team also trains teachers in exam preparation classes and in providing remedial teaching for students that are falling behind in their classes. Additionally, we work with the students' social skills.

Empowerment - This component focuses on the students' skills beyond academics. We form child clubs and conduct life skills training for students with a focus on mental and physical health, emotional and cognitive skills, and good citizenship and environmental awareness. We also train the students in professional skills such as entrepreneurship, IT and farming. This empower them to a better future where they can choose if the want to go to university or go get a good job locally or abroad.

School Feeding Programme

As described, income-generation and proper jobs are essential in our **Child Empowerment Model**, and quality education combined with job creation is what we believe will create sustainable development in Kenya. The severity of the current food crisis in Kenya combined with the extreme drought means that many of the children in the areas we serve do not have access to proper meals at home. Our **School Feeding Programme** is one way for us to ensure that children get the nutrition and energy they need to learn and develop their academic and social skills at school.

The aim of the programme is to get children who are currently out of school or at risk of dropping out due to the food crisis to return to or continue their studies. Having a school feeding programme has also become a criteria for many parents when choosing if they want to send their children to school. The school feeding programme will therefore be part of our Fundamentals, the first component of our **Child Empowerment Model**.

Program details

The program involves the physical distribution of food supplies to schools, including rice, beans, cooking oil, salt, vegetables, and firewood, and paying the cooks.

The program provides a daily ration of 150 grams of cereal, 40 grams of pulses, 5 grams of oil and 2 grams of salt per child per day. The budget per school is determined by the number of students (see example budget on page 7).

Criteria for school selection:

1. A school that is in a very poor area e.g., a slum
2. The government does not provide food regularly
3. The parents of the school do not have economic activities they depend on



Implementation

Focus areas

The current food and water crisis in Kenya is the worst in decades. HPF operates in areas that are extremely vulnerable to food insecurity. Especially in the central Mount Kenya region (Laikipia, Meru, and Isiolo counties), where HPF currently has **20 school projects**, people are suffering from the lack of rainfall combined with the increasing prices on staple foods. The Maasai Mara region further south is currently experiencing heavy rains which is providing some alleviation to the area after the long period of drought. The primary focus of our School Feeding Programme will therefore be to support the HPF schools in the Mount Kenya region in central Kenya.

Team in Nanyuki

The implementation of the School Feeding Programme will be managed by our local team based in Nanyuki in the Mount Kenya region. As of now, the team in Kenya consists of seven people led by our Country Manager, Patricia Muigai. Patricia has many years of experience working with education and community-based programs in this region. A **strong, local team** combined with the knowledge we already have from implementing our school lunch programme at Shambani Primary School in the same region lay a great foundation to expand our School Feeding Programme in Kenya.

On the map to the right, we have outlined the two areas where HPF is working – the Maasai Mara region in the Southwest and in the Mount Kenya region in central Kenya.



Case: Shambani Primary School



Girl student at Shambani Primary eating during lunch break

Our first School Feeding Programme in Kenya was launched in 2021 at Shambani Primary School in Isiolo County. The school currently has **388 students** and is one of the larger schools in the area. The programme has proven to be highly impactful for the students and the school but sadly, the donation we received to implement the **school feeding is now running out**.

The current situation in Kenya makes programmes like this one even more important than when we first initiated it – it is now a matter of life and death. Many children in the country do not go to school due to hunger, and for children at schools like Shambani, school lunch is sometimes the only meal they get all day.

After implementation of the school feeding programme at Shambani Primary School, the school management have noticed a **significant increase in student enrolment**. The program is a supplement to the government school feeding provisions. Due to the prolonged drought, the number of schools in need of government support has rapidly increased, and schools like Shambani are no longer a top priority on the government's feeding program list. According to the school management, HPF's intervention has played a critical role in bridging this gap.

Previously, the dropout cases usually increased when there wasn't a school feeding program at Shambani. The school has a large catchment area, and the economic level of their parents is very low due to the prevalent **nomadic lifestyle**. With the current drought, most of the caregivers are forced to migrate to the neighboring counties and towns to look for alternate means of livelihood. HPF's feeding program has now fully curbed the issue of student absence due to hunger, according to the school management, and the school's **enrolment has increased by 16.24%** this term only.

Budget for School Feeding Programme

The budget below is generated based on the number of students at Shambani Primary School and the number of days in the 3rd school term in 2022, from September 26 – November 25 (45 school days). The cost of food for the 388 students per day is KES 16,210 or just under USD 140. We will happily accept any size of donation to this programme.

Example budget: 45 days, 388 students					
Activity	Unit of measurement	No. of units needed	Cost in KES per unit	Total KES	Total in USD
Rice	25kg bag	105	5,000	525,000	4,450
Beans	90kg bag	8	12,000	96,000	815
Cooking oil	20 L	4	10,000	36,000	305
Vegetables	Kg	1,362	60	68,100	580
Onions	Kg	35	80	2,800	25
Salt	20 kg bale	2	800	1,600	15
Total				729,500	6,190

Donor role and update policy

Without donors, there would be no Human Practice Foundation and no projects in Nepal and Kenya impacting more than 36,000 students. Therefore, we value the relationship to our donors a lot. We will update the donors on our projects, while implementing the project so they can follow the progress closely. Once the project is completed, we will send a detailed final report. After completion, we will regularly share stories and impact results from the school and/or communities. Additionally, we offer donors the opportunity to travel to Kenya and visit the school they have supported and participate in the local opening-ceremony. This must be arranged with the team, and the expenditures will be paid by the donor.

Please see our donor update policy below:

Initial phase

- Donor will get an update when donation is received, and project is decided.
- Donor will get an update when agreement is signed with school management and project is formally started.

Ongoing projects

- Progress updates will be sent to donors bimonthly with deadlines the 5th of February, April, June, August, October and December. The progress updates will include pictures, status and facts regarding the project.
- HPF will send an update to donor if something extraordinary happens at their project.
- When the project is completed, HPF will send the donor a Final Report. The report will include pictures, finances, process and impact of the project.

Completed projects

- Donor will get one summer update with deadline the 1st of September. This update will include results from the previous academic year at the school and pictures.
- Donor will get one Christmas/New Year update with deadline the 1st of February. This update will include pictures and a story from a student, parent or teacher at the school.

