



# Coffee Practice Foundation Nepal



USD 306,000  
100,000 seedlings planted  
& 7 nurseries built  
700 coffee farmers trained

## A Constant Struggle

Many farmers in Taplejung, Nepal struggle to secure sustainable livelihoods for their families. With a lack of specialized knowledge and limited access to export market opportunities guaranteeing a sustainable source of income is a daily battle for many.

The farmers show great motivation, but **they lack the basic tools to make the change that could transform their lives.** During our 5-year experience in Taplejung District, we have searched for the right approach to empower these farmers, who only need a helping hand to push them in the right direction.

The untapped potential for growing specialty coffee in Taplejung is great given the availability of many acres of land with optimal soil and climatic conditions at this altitude. We take advantage of these resources to give the local coffee farmers in Taplejung the right tools for gaining ownership and control of their livelihoods.



## Our Holistic Approach

We have embarked on the journey to transform the lives of Taplejung's coffee farmers with Lekali Coffee, Nepal's leading specialty coffee roaster and trader. The company is promoted by Mingma Dorji Sherpa and the management operations is handled by Nima Tenzing Sherpa. In 2018, their coffee beans scored 90 points on a scale of 50 to 100 in Coffee Review, a California-based trade magazine. In its first-ever blind assessment of a Nepali coffee, the magazine described Lekali as „**Savory sweet in structure with gentle acidity; crisp, satiny mouthfeel.**” Minga & Nima inherited their winning mindset and ambition from their late father and grandfather Mr. Pasang Phutter Sherpa, who was a close friend of the legendary Tenzing Norgay Sherpa and was with him on the historic 1953 Everest Expedition.

During our journey with Lekali Coffee we have created a business producing a quality coffee that meets international organic specialty standards and attracts higher prices. The coffee farmers have access to training, nurseries as well as quality seedlings, which we send during the spring. We have established relationships with US importers of green coffee, including Bivouac Coffee Co. and are in ongoing dialogues with The Coffee Collective in Copenhagen and Hagen Espresso Bar in London.







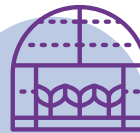
700

farmers trained



7

nurseries installed



100.000

coffee seedlings planted



## Social Impact

Today, we have directly **impacted on the livelihoods of 3,500 people** in Taplejung, Nepal who now have gained access to a sustainable income source.

**Our goal is to engage the local community in the best possible way.** To this end, we organize workshops, meetings, and training for local entrepreneurs, farmers, and students. The farmers' use their training to produce quality coffee by cultivating plants at established nurseries. This process is monitored closely by our local team in order to ensure that only the highest quality of coffee is produced.

In addition, to this projects' direct effect on the coffee farmers ability to secure a sustainable income and provide for their families, we plan to reinvest 50% of the profits from future sales in Human Practice Foundation's supported schools in the district.

In the near future, we plan to establish a Coffee Farming Center, train an additional 700 farmers, establish 3 additional nurseries and install processing units. Altogether, the total budget for securing the success of these important measures will amount to USD 306.000.





## A Dangerous Journey

The community in Taplejung, Nepal focuses mostly on subsistence farming. Every month thousands of Nepalese leave the country to work abroad as the underutilization of farmland is too great to stay in Taplejung. Many farmers instead accept inhumane jobs to provide for their families abroad, where they often are expected to work long hours under unhealthy working conditions. In consequence, Nepal is a large receiver of remittance. Nepali migrant workers sent home \$8.1 billion in 2018 according to the World Bank's Migration and Development Brief. This is a huge hindrance for creating development in the local communities of Nepal.

Two of these recipients are Mabindra Angbuhang and Purna Prakesh, who have become part of The Coffee Impact Project after working as migrants in Qatar, Malaysia and Dubai as they were unable to secure a sustainable income in Taplejung, Nepal.

## Meet Mabindra Angbuhang, Coffee Farmer

**"Before I moved to work in Qatar, I was promised a good salary and decent working conditions. Unfortunately, the reality was far away from my expectations. My colleagues, and I we were working many hours a day in the desert heat, I saw many people die and get seriously injured (...). I was lucky to get the opportunity to be part of The Coffee Practice Project and I am grateful for all the coffee-related knowledge I have received."**

## Meet Purna Prakash, Coffee Farmer

**"I was forced to leave Nepal and I spent more than five years working in Malaysia and Dubai (...). I feel fortunate to have become part of The Coffee Impact Project. I have so far planted 150 coffee plants, attended farmers' training and several meetings related to coffee farming. I am very grateful for the new knowledge I have received about organic agriculture and use of organic manure and I am now during the process of implementing it into my farming practice."**